

132 Old Illawarra Road Barden Ridge NSW 2234

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Principal: Mrs Julie Perkins

16 August 2019

SYDNEY EAST YEAR 7/8 MULTI-SPORT GALA DAY

In order to broaden the competitive sporting opportunities for your child at Lucas Heights Community School, the school has entered in the **Sydney East Year 7/8 Multi-sport Gala Day**. This is a one day event encouraging students to enjoy skateboarding, golf and cricket with their friends.

Date:	Tuesday 27 August 2019		
Time:	Departing LHCS at 8.50am and returning to LHCS by 3pm		
Venue:	The Ridge Sports Complex		
Transport:	Walking to and from the venue under teacher supervision		
Cost:	\$15.00 to be paid on the day as we mark the rolls (includes regional levy)		
Food:	Please bring a packed lunch and plenty of fluids.		
Attire:	Full school sports uniform to be worn, including sunscreen and hat.		

Support from family is encouraged and welcomed. Further details of draw times will be provided on the day. Any further questions feel free to contact Mr Knight during school hours on 9543 8317.

Please return permission note to the front office by Friday 23 August 2019.

- Permissions (online, cash, cheque and eftpos) for all excursions/incursions and extracurricular programs, **MUST** be returned by the due date as stated on the permission note.
- If payment is not made by the due date, your child will not be allowed to attend/participate in the event.

If your child has anaphylaxis or asthma, they **MUST** carry their own EpiPen and/or puffer and ASCIA action plan.

Mr B Knight Sport Organiser Mrs J Perkins Principal

LUCAS HEIGHTS COMMUNITY SCHOOL

SYDNEY EAST YEAR 7/8 MULTI-SPORT GALA DAY

I give permission for my child of classto attend the Sydney East Year 7/8 Multi-sport Gala Day on Tuesday 27 August 2019.

- □ I am aware that my child is taking part in physical activity and will need to bring sunscreen, hat, fluids and food for the whole day.
- □ I understand we will be walking to/from the venue. Please note that activities on the day include skateboarding, golf and cricket.

Please select the relevant option(s) if you don't want you child to walk to the venue:

- □ I will drop my child at the Ridge Sport Centre at 9.00am
- □ I will pick my child up from Ridge Sport Centre at 2.00pm

Parent/Guardian Signature

Contact Number

Medical conditions: (please tick)

🛛 Asthma	□ Diabetes	□ Epilepsy	Anaphylaxis		
□ Other					
□ Allergies as follows					
Medication required on the day					

(Include name of medication, instructions for administration, time of administration & any possible reactions)

* If your child has anaphylaxis and/or asthma they **MUST** carry their own EpiPen and/or puffer and ASCIA action plan.

Office Use Only: Return form to B Knight / Friday 23 August