

Made Fresh Canteen Menu



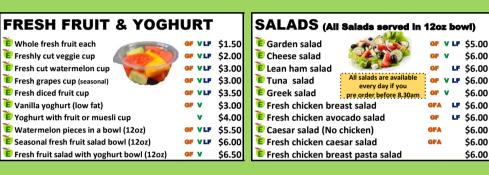
If Gluten Free food is required please order before 8.30am

GFA=Gluten Free options available **GF**=Gluten Free **V**=Vegetarian **LF**=Lactose Free



SANDWICHES			WRAPS	
Cheese & tomato Lean ham & cheese Lean ham, cheese & tomato Tuna, lettuce & mayo	efa v efa v efa	\$3.50 \$4.00 \$4.50 \$5.00 \$5.00	Cheese Cheese & tomato Cheese	\$5.00 \$5.50 \$6.00 \$6.00
Fresh chicken, lettuce & mayo Curried egg (SENIOR ONLY)			Fresh chicken, lettuce & mayo Curried egg & lettuce (SENIOR ONLY) per, carrot, beetroot, olives, onion, capsicutegg, pineapple, avocado	\$6.50 \$6.50







water 400mi	ur	V LP	\$2.00
E Water 600ml	GF	VLF	\$2.50
Popper 99% juice 250ml		VLF	\$2.80
E Milk 300ml (plain)	GF	V	\$3.00
E UP & GO 250ml		V	\$3.30
E Light milk 300ml	GF	V	\$3.50
▼ONLY FOR SENIOR STUD	Εľ	NTS	V
Can of drink 375ml (sugar free)	GF	VLF	\$3.50
Homemade custard tart =			\$4.50
Plain milk 600ml	GF	v	\$4.50

Waterfords lite & fruity

Lipton light peach ice tea

SNACKS & FROZEN ITE	MS	•
E Bread sticks x 4	V LF	\$2.00
OHomemade cookies x 1 (made fresh daily)	V	\$1.30
homemade fresh muffins (made fresh daily)	V	\$2.00
Homemade fresh muffins (SENIOR ONLY)	V	\$3.00
Gummy bear x 3		\$1.00
O Popcorn or	V LF	\$1.50
Monster noodle snacks		\$2.00
Rice sticks cheese	V	\$2.50
Delites rice snacks 20g	v	\$2.50
Grain waves 22g	V	\$3.00
Red rock deli chips 28g	V	\$3.00
© Quelch 99% fruit juice sticks		\$1.00
E Sour snap stix	V LF	\$2.00
Frozen 99% juice small cup	V LF	\$1.00
📴 Frozen 99% juice cup 💁	V LF	\$2.00
😉 99% frozen nippy's juice cup 📴	V LF	\$2.50
Frozen milk cup (chocolate, strawberry)	V	\$2.50
Frozen jelly small cup	LF	\$1.00
Frozen jelly cup	LF	\$2.00
lce mony freeze pops	V	\$2.50
Vanilla ice cream cup (98% fat free)	V	\$3.50
Ocustard small cup		\$1.50
OCustard cup		\$2.50
OJelly & custard cup		\$3.00
Chocolate custard cup		\$3.00

HOMEMADE MENU					
AVAILA	BLE EVERY DAY				
Pasta bolognaise SFA LF \$6.00					
Mac & chees	se	v	\$6.00		
E Pasta with meatballs		GFA	\$6.00		
		_			
Monday	Veggie fried rice	GF VLF	\$6.00		
E Tuesday	Chicken napolitana pasta	GFA LF	\$6.00		
Wednesday	Butter chicken & rice		\$6.00		
E Thursday	Napolitana pasta	GFA V LF	\$6.00		
*					

HOMEMADE

hursday Napolitana pasta
riday Chicken hokkien noodles

Gluten Free options available extra \$1.50

D/	AZZLING	MEAL DEALS
If you	ı buy a meal combo	you would save up to \$2.00
~	Pack 1 \$5.50	CHEESE SANDWICH
	GFA V	Water 400ml + frozen stix or fruit
*	Pack 2 \$7.00	SALAD SANDWICH
Е	GFA V LF	Water 400ml + frozen stix or fruit
Pack 3 \$7.50	Deals 2 67 F0	MEATBALL SUB (small)
	Pack 3 \$7.50	Water 400ml + frozen stix or fruit
*	Pack 4 \$8.00	PASTA BOLOGNAISE
E	GFA LF	Water 400ml + frozen stix or fruit
~	Dook F CO FO	CHICKEN BURGER
E	Pack 5 \$8.50	Water 400ml + frozen stix or fruit
È	Dook C CO 20	LASAGNE beef or Vegetarian
	Pack 6 \$8.30	Water 400ml + frozen stix or fruit

We have all types of bread:
White, Wholemeal or Multigrain, Wraps,
White roll or Focaccia
Gluten Free sliced bread extra \$1.00
Upsize salad to 200z extra \$2.00

Sauce each 50c - Cutlery each 50c